



Girls Inc. of Durham

GirlSPACE

For girls ages 6-12

Wednesday evenings—6:30-8:30 PM

Girls Inc. Office—1-398 Bayly St. W.,

Ajax

Members: \$25/4 wk session

Non-Members: \$40/4 wk session



Each week girls will have fun participating in programs that will inspire them to believe in themselves as well as develop new skills and abilities. They will have the opportunity to learn alongside positive, peer mentors, all while receiving healthy, informed, and empowering messages. It is a place where girls can explore and nurture relationships while building on the skills necessary for them to succeed.

January 9th-January 30th GirlSTART Literacy — Girls learn about the power of language and reading, while we discuss the value of education through compensatory, empowering stories.

March 6th-March 27th: Mind+Body — Helping young women navigate stress in a healthy, constructive, and safe ways. Guiding girls towards the formation of positive coping mechanisms and resiliency; including positive body image, self-esteem, and self-efficacy. March 8th is '**International Women's Day**', this month we will recognize women's progress in securing equal human rights.

May 1st-May 29th: Operation Smart (STEM) — Girls will actively participate in fun, innovative activities based in science, math, engineering, technology, and economics. Girls will learn to plan for an independent future, while they explore career paths in diverse fields and gain new skills to grow confident in STEM studies.

For more information about other programs and Girls Incorporated of Durham, please contact the office at:
Girls Incorporated of Durham
1- 398 Bayly Street West

Participant Information

Child's Last Name: _____ Child's First Name: _____

Birth Date: M _____ D _____ Y _____ Age: _____ School/ Grade: _____

Please indicate any medical information that you would like us to be aware of. i.e. food allergies, medications, etc. _____

Main Contact

Last Name: _____ First Name: _____

Relationship to Child: _____

Address: _____

City: _____ Postal Code: _____ Home Phone: _____

Work Phone: _____ Cell Phone: _____

Email: _____

Alternate/Emergency Contact Name: _____

Phone Number: _____ Alternate Phone Number: _____

I have provided Girls Incorporated of Durham with all necessary medical information and can be reached at the numbers listed. I acknowledge and accept the risk for any accidents or injuries arising by reason of participation in the program by myself or the person who is shown as the "participant".

Parent/Guardian Signature: _____ Date: _____

Media Release

There may be occasions where pictures of your daughter will be taken. These photos will be used for newsletter, videos, brochures, annual reports, radio, television newspapers and our home website.

- I give my permission for my daughter to appear in any Girls Incorporated of Durham publications.
- I do not give permission for my daughter and or myself to appear in any Girls Incorporated of Durham publications.

Parent/Guardian Signature: _____ Date: _____

Names of Programs

GIRLSPACE

GIRLZONE

P.A. Day Camp

March Break Camp

BSG Book Club

Money Talks Family Workshop

GIRLSTART

Membership Renewal New

Cost: _____

Member: _____ Non-Member: _____

Cash Cheque Subsidy

Credit Card Type: _____

Credit Card # Exp: _____

Name on Card: _____

How did you hear about this program? _____

Approval _____



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TM Processed