

**WITH YOU
IN HER CORNER.**

**girls
inc.**

Inspiring all girls to be
strong, smart, and bold

Girls Inc. Allies In Action

The Allies in Action program, teaches girls how to positively navigate social situations and overcome relational aggression. Objectives for the program:

Build stronger relationships and leadership skills

Development of problem solving and conflict resolution skills (peer mediation and empowerment of bystanders).

Reduced aggressive, hurtful, and violent behaviours

Boost girls' confidence and self-esteem

Encourage girls to critically analyze where they receive messages about their beliefs and values. Address stereotypes.

Engage girls as peer mentors of Allies in Action activities and discussions with younger girls in their school through mini-workshops

Improved achievement and attendance in school of frequent "girl fighters"

For further information on how to bring Girls Inc. to your school contact:

Tracey McCannell, Director of Programming at 905 428-8111 ext. 222

