



Thursday April 9, 2020  
The Abilities Centre Whitby, ON

## About the Breakfast

### The Purpose

A celebration of the accomplishments of local girls and young women who are creating positive change and breaking the cycle of limitations for their families, communities, institutions, and all of us. Up to 130 influential executives, community and business leaders, local celebrities, and media will come together for a one-hour breakfast event to learn about girls at-risk in Durham and how Girls Inc. is positioned to provide the opportunities, and experiences each girl needs to navigate the many gender, economic, and social barriers she faces, so she can grow up healthy, educated, and independent.

### The Event

The 2020 Spirit of Girls Breakfast is centred on the theme of “Strong! Smart! Bold!” Presentations from each girl and young woman will highlight her path to success, and showcase the resiliency and confidence that are empowering her to reach her full potential and achieve her dreams. The one-hour event also includes an inspirational video and a catered continental breakfast. It’s going to be fantastic!

### When & Where

The event will be held on Thursday April 9, 2020, from 8:00-9:00 am at the Abilities Centre in Whitby. ***Please note that we encourage guests to arrive by 7:45 am.*** The event will be one hour and will start promptly at 8:00 and end promptly at 9:00 am.

### The Spirit of Girls Breakfast is a Fundraiser

Invitations are by personal invite only for this event. There is no charge to attend the event and there are no tickets. Instead, during the event there will be an opportunity for people to make a contribution to Girls Inc. if they are so inspired.